

HELPFUL THOUGHTS

for this prayer guide

AN INVITATION TO PRAY

As Jesus yielded up His spirit at His death, the veil of the temple was torn, *Matthew 27:51*, signifying that God was opening a way of direct access into His presence. God now invites His children to enjoy this priceless gift and draw near to Him by the "new and living way" He has provided through His Son, *Hebrews 10:19-22*.

JESUS' INSTRUCTION

As we respond to God's call to draw near, and desire to pray in a way which pleases Him, we will benefit greatly from Jesus' instruction to His disciples, *Matthew 6:9-13*. In this passage, known as *The Lord's Prayer*, Jesus taught us what to include in a healthy prayer life.

UNDERSTANDING THE PRAYER GUIDE

This prayer guide is a practical tool to help us recognize the specific issues included in *The Lord's Prayer*. For example, under the heading, *Your Kingdom Come-Your Will Be Done*, we are reminded to pray for God's rule and reign over us, family, church and the lost. These words help us remember to pray for areas of vital concern. The inevitable result is that we will find ourselves running out of time, rather than running out of things to pray about!

THE HOLY SPIRIT

Romans 8:26-27 teaches that the Holy Spirit has come to help us pray, "For we do not know what we should pray for as we ought" *Jude 1:20* tells us, "building yourselves up on your most holy faith, praying in the Holy Spirit." Let the Holy Spirit open up *The Lord's Prayer* to you through the prayer guide, and ask Him to show you specific applications for your life.

FINAL EXHORTATION

If we have the desire to pray, only two things are needed: discipline and perseverance! May God richly bless our church as we press on to develop a rich prayer life.

Call unto me and I will show you great
and mighty things which you know not.
Jeremiah 33:3

THE LORD'S PRAYER

how to pray

OUR FATHER IN HEAVEN | REJOICE IN DIRECT ACCESS

1. Thank the Lord for being our Heavenly Father, *Luke 15:20, Romans 8:15, Galatians 4:6*.
2. Approach God humbly through the Blood of Jesus, *John 14:6, Romans 8:3*.
3. Acknowledge He has all authority, *Jeremiah 33:3*.

HALLOWED BE YOUR NAME | REFLECT ON ALL HE IS

1. Meditate on Who the Lord is as revealed in His Word.
2. Cultivate our relationship with Jesus in worship, *Psalm 46:10*.
3. Jesus said, "I have made Your name known", *John 17:26a*.
 - *The Lord my Shepherd* - *The Lord my Righteousness*
 - *The Lord my Sanctifier* - *The Lord is Present*
 - *The Lord my Peace* - *The Lord my Provider*
 - *The Lord my Healer* - *The Lord my Banner*

KINGDOM COME-YOUR WILL BE DONE | RULE & REIGN

1. To our lives.
2. To our families (mate, children, relatives) and friends.
3. To our church (pastors, leadership, workers, congregation).
4. To the lost: Jerusalem (personal city), Judea (state), Samaria (nation), & uttermost parts (world).

GIVE US THIS DAY | RESOURCES FROM HEAVEN

1. Seek first the Kingdom, *Matthew 6:33*.
2. Believe God provides, *Psalm 37:25 & Philippians 4:19*.
3. Be open to suffering according to His will, *1 Peter 4:19*.
4. Be specific and persistent, *Luke 11:5-10*.

FORGIVE US OUR DEBTS | RECEIVING GRACE

1. Ask the Lord to forgive your sins, *1 John 1:9-10*.
2. Ask Him to search and test your heart, *Psalm 139:23*.
3. Ask to be purified, *2 Corinthians 7:1,10*.

AS WE FORGIVE US OUR DEBTORS | RELEASING OTHERS

1. Forgive all who have wronged you, *Ephesians 4:30-32*.
2. God commands us to forgive, *Matthew 6:14-15 & 18:22*.

DELIVER US FROM THE EVIL ONE | RESISTING THE DEVIL

1. Submit yourselves to God, *James 4:7*.
2. Put on the Lord Jesus Christ & deny the flesh, *Romans 13:14*.
3. Put on the whole armor of God, *Ephesians 6:11-18*.

OUR DAILY PORTION

2024

A PRAYER GUIDE AND
DAILY READING THROUGH
THE ENTIRE
BIBLE
IN ONE YEAR

"YOUR WORD IS A LAMP TO MY
FEET AND A LIGHT TO MY PATH."
PSALM 119:105

CALVARY CHAPEL DOWNEY
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JANUARY

1. Genesis 1-3	John 1
2. Genesis 4-6	John 2
3. Genesis 7-9	John 3
4. Genesis 10-11	John 4
5. Genesis 12-13	John 5
6. Genesis 14-15	John 6
7. Genesis 16-18	John 7
8. Genesis 19-20	John 8
9. Genesis 21-23	John 9
10. Genesis 24-25	John 10
11. Genesis 26-27	John 11
12. Genesis 28-29	John 12
13. Genesis 30-31	John 13
14. Genesis 32-33	John 14
15. Genesis 34-36	John 15
16. Genesis 37-39	John 16
17. Genesis 40-42	John 17
18. Genesis 43-45	John 18
19. Genesis 46-48	John 19
20. Genesis 49-50	John 20
21. Exodus 1-2	John 21
22. Exodus 3-4	Matthew 1
23. Exodus 5-6	Matthew 2
24. Exodus 7-8	Matthew 3
25. Exodus 9-11	Matthew 4
26. Exodus 12-13	Matthew 5
27. Exodus 14-16	Matthew 6
28. Exodus 17-19	Matthew 7
29. Exodus 20-22	Matthew 8
30. Exodus 23-25	Matthew 9
31. Exodus 26-28	Matthew 10

JULY

1. Job 31-33	Revelation 19-20
2. Job 34-36	Revelation 21-22
3. Job 37-39	John 1
4. Job 40-42	John 2
5. Psalms 1-3	John 3
6. Psalms 4-6	John 4
7. Psalms 7-9	John 5
8. Psalms 10-12	John 6
9. Psalms 13-15	John 7
10. Psalms 16-18	John 8
11. Psalms 19-21	John 9
12. Psalms 22-24	John 10
13. Psalms 25-27	John 11
14. Psalms 28-30	John 12
15. Psalms 31-33	John 13
16. Psalms 34-36	John 14
17. Psalms 37-39	John 15
18. Psalms 40-42	John 16
19. Psalms 43-45	John 17
20. Psalms 46-48	John 18
21. Psalms 49-50	John 19
22. Psalms 51-53	John 20
23. Psalms 54-55	John 21
24. Psalms 56-58	Matthew 1
25. Psalms 59-60	Matthew 2
26. Psalms 61-63	Matthew 3
27. Psalms 64-65	Matthew 4
28. Psalms 66-68	Matthew 5
29. Psalms 69-70	Matthew 6
30. Psalms 71-73	Matthew 7
31. Psalms 74-75	Matthew 8

FEBRUARY

1. Exodus 29-31	Matthew 11
2. Exodus 32-34	Matthew 12
3. Exodus 35-37	Matthew 13
4. Exodus 38-40	Matthew 14
5. Leviticus 1-3	Matthew 15
6. Leviticus 4-6	Matthew 16
7. Leviticus 7-9	Matthew 17
8. Leviticus 10-12	Matthew 18
9. Leviticus 13-15	Matthew 19
10. Leviticus 16-18	Matthew 20
11. Leviticus 19-21	Matthew 21
12. Leviticus 22-24	Matthew 22
13. Leviticus 25	Matthew 23
14. Leviticus 26-27	Matthew 24
15. Numbers 1-3	Matthew 25
16. Numbers 4-6	Matthew 26
17. Numbers 7-8	Matthew 27
18. Numbers 9-11	Matthew 28
19. Numbers 12-14	Mark 1
20. Numbers 15-17	Mark 2
21. Numbers 18-20	Mark 3
22. Numbers 21-23	Mark 4
23. Numbers 24-26	Mark 5
24. Numbers 27-29	Mark 6
25. Numbers 30-32	Mark 7
26. Numbers 33-35	Mark 8
27. Numbers 36	Mark 9
28. Deuteronomy 1-3	Mark 10
29. Free Reading	

AUGUST

1. Psalms 76-78	Matthew 9
2. Psalms 79-80	Matthew 10
3. Psalms 81-83	Matthew 11
4. Psalms 84-85	Matthew 12
5. Psalms 86-88	Matthew 13
6. Psalms 89-90	Matthew 14
7. Psalms 91-93	Matthew 15
8. Psalms 94-95	Matthew 16
9. Psalms 96-98	Matthew 17
10. Psalms 99-101	Matthew 18
11. Psalms 102-103	Matthew 19
12. Psalms 104-105	Matthew 20
13. Psalms 106-108	Matthew 21
14. Psalms 109-110	Matthew 22
15. Psalms 111-113	Matthew 23
16. Psalms 114-115	Matthew 24
17. Psalms 116-118	Matthew 25
18. Psalms 119:1-80	Matthew 26
19. Psalms 119:81-176	Matthew 27
20. Psalms 120-121	Matthew 28
21. Psalms 122-124	Mark 1
22. Psalms 125-126	Mark 2
23. Psalms 127-129	Mark 3
24. Psalms 130-131	Mark 4
25. Psalms 132-134	Mark 5
26. Psalms 135-136	Mark 6
27. Psalms 137-138	Mark 7
28. Psalms 139-140	Mark 8
29. Psalms 141-142	Mark 9
30. Psalms 143-144	Mark 10
31. Psalms 145-146	Mark 11

MARCH

1. Deuteronomy 4-6	Mark 11
2. Deuteronomy 7-9	Mark 12
3. Deuteronomy 10-11	Mark 13
4. Deuteronomy 12-14	Mark 14
5. Deuteronomy 15-16	Mark 15
6. Deuteronomy 17-18	Mark 16
7. Deuteronomy 19-20	Luke 1
8. Deuteronomy 21-22	Luke 2
9. Deuteronomy 23-24	Luke 3
10. Deuteronomy 25-26	Luke 4
11. Deuteronomy 27-28	Luke 5
12. Deuteronomy 29-31	Luke 6
13. Deuteronomy 32-34	Luke 7
14. Joshua 1-3	Luke 8
15. Joshua 4-6	Luke 9
16. Joshua 7-9	Luke 10
17. Joshua 10-12	Luke 11
18. Joshua 13-14	Luke 12
19. Joshua 15-16	Luke 13
20. Joshua 17-18	Luke 14
21. Joshua 19-20	Luke 15
22. Joshua 21-22	Luke 16
23. Joshua 23-24	Luke 17
24. Judges 1-3	Luke 18
25. Judges 4-6	Luke 19
26. Judges 7-8	Luke 20
27. Judges 9-10	Luke 21
28. Judges 11-12	Luke 22
29. Judges 13-14	Luke 23
30. Judges 15-16	Luke 24
31. Judges 17-18	Acts 1-3

SEPTEMBER

1. Psalms 147-148	Mark 12
2. Psalms 149-150	Mark 13
3. Proverbs 1-2	Mark 14
4. Proverbs 3-4	Mark 15
5. Proverbs 5-6	Mark 16
6. Proverbs 7-8	Luke 1
7. Proverbs 9-10	Luke 2
8. Proverbs 11-12	Luke 3
9. Proverbs 13-14	Luke 4
10. Proverbs 15-16	Luke 5
11. Proverbs 17-18	Luke 6
12. Proverbs 19-20	Luke 7
13. Proverbs 21-22	Luke 8
14. Proverbs 23-24	Luke 9
15. Proverbs 25-26	Luke 10
16. Proverbs 27-28	Luke 11
17. Proverbs 29-31	Luke 12
18. Ecclesiastes 1-2	Luke 13
19. Ecclesiastes 3-4	Luke 14
20. Ecclesiastes 5-6	Luke 15
21. Ecclesiastes 7-8	Luke 16
22. Ecclesiastes 9-10	Luke 17
23. Ecclesiastes 11-12	Luke 18
24. Song of Solomon 1-4	Luke 19
25. Song of Solomon 5-8	Luke 20
26. Isaiah 1-3	Luke 21
27. Isaiah 4-6	Luke 22
28. Isaiah 7-9	Luke 23
29. Isaiah 10-12	Luke 24
30. Isaiah 13-15	Acts 1-3

APRIL

1. Judges 19-21	Acts 4-6
2. Ruth	Acts 7-8
3. I Samuel 1-2	Acts 9-10
4. I Samuel 3-4	Acts 11-12
5. I Samuel 5-7	Acts 13-14
6. I Samuel 8-10	Acts 15-16
7. I Samuel 11-13	Acts 17-18
8. I Samuel 14-16	Acts 19-20
9. I Samuel 17-19	Acts 21-22
10. I Samuel 20-22	Acts 23-24
11. I Samuel 23-25	Acts 25-26
12. I Samuel 26-27	Acts 27-28
13. I Samuel 28-29	Romans 1
14. I Samuel 30-31	Romans 2
15. II Samuel 1-3	Romans 3
16. II Samuel 4-6	Romans 4
17. II Samuel 7-8	Romans 5
18. II Samuel 9-11	Romans 6
19. II Samuel 12-14	Romans 7
20. II Samuel 15-16	Romans 8
21. II Samuel 17-18	Romans 9
22. II Samuel 19-20	Romans 10
23. II Samuel 21-22	Romans 11
24. II Samuel 23-24	Romans 12
25. I Kings 1-3	Romans 13-14
26. I Kings 4-6	Romans 15
27. I Kings 7-9	Romans 16
28. I Kings 10-12	I Corinthians 1-2
29. I Kings 13-15	I Corinthians 3-4
30. I Kings 16-18	I Corinthians 5-6

OCTOBER

1. Isaiah 16-18	Acts 4-6
2. Isaiah 19-20	Acts 7-8
3. Isaiah 21-22	Acts 9-10
4. Isaiah 23-24	Acts 11-12
5. Isaiah 25-26	Acts 13-14
6. Isaiah 27-28	Acts 15-16
7. Isaiah 29-30	Acts 17-18
8. Isaiah 31-32	Acts 19-20
9. Isaiah 33-34	Acts 21-22
10. Isaiah 35-36	Acts 23-24
11. Isaiah 37-38	Acts 25-26
12. Isaiah 39-40	Acts 27-28
13. Isaiah 41-42	Romans 1
14. Isaiah 43-44	Romans 2
15. Isaiah 45-46	Romans 3
16. Isaiah 47-48	Romans 4
17. Isaiah 49-50	Romans 5
18. Isaiah 51-52	Romans 6
19. Isaiah 53-54	Romans 7
20. Isaiah 55-56	Romans 8
21. Isaiah 57-58	Romans 9
22. Isaiah 59-60	Romans 10
23. Isaiah 61-62	Romans 11
24. Isaiah 63-64	Romans 12
25. Isaiah 65-66	Romans 13
26. Jeremiah 1-3	Romans 14
27. Jeremiah 4-6	Romans 15
28. Jeremiah 7-9	Romans 16
29. Jeremiah 10-12	I Corinthians 1-2
30. Jeremiah 13-14	I Corinthians 3-4
31. Jeremiah 15-17	I Corinthians 5-6

MAY

1. I Kings 19-20	I Corinthians 7-8
2. I Kings 21-22	I Corinthians 9-10
3. II Kings 1-3	I Corinthians 11-12
4. II Kings 4-6	I Corinthians 13-14
5. II Kings 7-9	I Corinthians 15-16
6. II Kings 10-12	II Corinthians 1-3
7. II Kings 13-15	II Corinthians 4-5
8. II Kings 16-17	II Corinthians 6-7
9. II Kings 18-19	II Corinthians 8-9
10. II Kings 20-21	II Corinthians 10-11
11. II Kings 22-23	II Corinthians 12-13
12. II Kings 24-25	Galatians 1-2
13. I Chronicles 1-2	Galatians 3-4
14. I Chronicles 3-4	Galatians 5-6
15. I Chronicles 5-6	Ephesians 1-2
16. I Chronicles 7-9	Ephesians 3-4
17. I Chronicles 10-12	Ephesians 5-6
18. I Chronicles 13-15	Philippians 1-2
19. I Chronicles 16-18	Philippians 3-4
20. I Chronicles 19-21	Colossians 1-2
21. I Chronicles 22-23	Colossians 3-4
22. I Chronicles 24-25	I Thessalonians 1-2
23. I Chronicles 26-27	I Thessalonians 3-4
24. I Chronicles 28-29	I Thessalonians 5
25. II Chronicles 1-3	II Thessalonians 1-2
26. II Chronicles 4-6	II Thessalonians 3
27. II Chronicles 7-9	I Timothy 1-2
28. II Chronicles 10-12	I Timothy 3-4
29. II Chronicles 13-14	I Timothy 5-6
30. II Chronicles 15-16	II Timothy 1-2
31. II Chronicles 17-18	II Timothy 3-4

NOVEMBER

1. Jeremiah 18-19	I Corinthians 7-8
2. Jeremiah 20-22	I Corinthians 9-10
3. Jeremiah 23-24	I Corinthians 11-12
4. Jeremiah 25-27	I Corinthians 13-14
5. Jeremiah 28-30	I Corinthians 15-16
6. Jeremiah 31-32	II Corinthians 1-3
7. Jeremiah 33-34	II Corinthians 4-5
8. Jeremiah 35-37	II Corinthians 6-7
9. Jeremiah 38-39	II Corinthians 8-9
10. Jeremiah 40-42	II Corinthians 10-11
11. Jeremiah 43-45	II Corinthians 12-13
12. Jeremiah 46-48	Galatians 1-2
13. Jeremiah 49-50	Galatians 3-4
14. Jeremiah 51-52	Galatians 5-6
15. Lamentations 1-2	Ephesians 1-2
16. Lamentations 3-5	Ephesians 3-4
17. Ezekiel 1-3	Ephesians 5-6
18. Ezekiel 4-5	Philippians 1-2
19. Ezekiel 6-8	Philippians 3-4
20. Ezekiel 9-10	Colossians 1-2
21. Ezekiel 11-13	Colossians 3-4
22. Ezekiel 14-15	I Thessalonians 1-2
23. Ezekiel 16-18	I Thessalonians 3-4
24. Ezekiel 19-20	I Thessalonians 5
25. Ezekiel 21-23	II Thessalonians 1-2
26. Ezekiel 24-25	II Thessalonians 3
27. Ezekiel 26-28	I Timothy 1-2
28. Ezekiel 29-30	I Timothy 3-4
29. Ezekiel 31-33	I Timothy 5-6
30. Ezekiel 34-35	II Timothy 1-2

JUNE

1. II Chronicles 19-20	Titus 1-2
2. II Chronicles 21-22	Titus 3
3. II Chronicles 23-25	Philemon
4. II Chronicles 26-28	Hebrews 1-3
5. II Chronicles 29-31	Hebrews 4-5
6. II Chronicles 32-34	Hebrews 6-7
7. II Chronicles 35-36	Hebrews 8-9
8. Ezra 1-3	Hebrews 10-11
9. Ezra 4-6	Hebrews 12-13
10. Ezra 7-8	James 1-2
11. Ezra 9-10	James 3-5
12. Nehemiah 1-3	I Peter 1-2
13. Nehemiah 4-5	I Peter 3-4
14. Nehemiah 6-7	I Peter 5
15. Nehemiah 8-9	II Peter 1-2
16. Nehemiah 10-11	II Peter 3
17. Nehemiah 12-13	I John 1-2
18. Esther 1-3	I John 3-4
19. Esther 4-6	I John 5
20. Esther 7-10	II John
21. Job 1-3	III John
22. Job 4-6	Jude
23. Job 7-9	Revelation 1-3
24. Job 10-12	Revelation 4-6
25. Job 13-15	Revelation 7-8
26. Job 16-18	Revelation 9-